

My Hopes + Ambitions

A Prayerful Guide to Reflecting and Planning

FIRST THINGS FIRST

MATTHEW 6:33

“But seek first the kingdom of God and his righteousness, and all these things will be added to you.”

Your life consists of many facets — personal, family, friends, ministry, school, work, and more. Each of these areas should be viewed through the lens of God’s kingdom and righteousness. As you think about the new season ahead and the hopes and ambitions you carry into it, begin by asking yourself if anything is pulling your focus away from God. If something is, consider removing it. Then ask God to give you wisdom, a renewed mindset, and a heart aligned with His as you seek growth in different areas of your life. God should be at the center of every ambition.

DIRECTIONS

On the following pages, write a category in the tab of each box — such as personal, family, ministry, or work. Then brainstorm your hopes and ambitions for what you want to accomplish in each area. Don’t worry about making it perfect; just let your thoughts flow.

Once you have completed your brainstorm, prayerfully ask God if there is anything you should add, adjust, or remove. This process can take time — don’t feel the need to rush it. Sit with it, pray over it, and when you feel at peace, you’ll know it’s ready.

EXAMPLE

Personal

- Read all the letters in the Bible
- Read three books I already own
- Develop healthier habits (movement, eating, rest)
- Grow in teaching — find workshops and opportunities to practice

Family

- Plan individual date nights with each child (aim for monthly)
- Plan a family trip and a couple’s trip
- Create intentional time with grandparents and extended family

Looking to reflect on your past season first?

Check out “A Season of Reflection” at redeemedblog.com — a one-day Bible study designed to help you see God’s faithfulness before stepping into what’s ahead. It pairs beautifully with this handout.

HOPES + AMBITIONS

My Brainstorm — Hopes and Ambitions for the New Season

HOPES + AMBITIONS

Going Into This New Season

After brainstorming and praying over your hopes and ambitions, use the space below to summarize what you most want to carry into this new season. What has God put on your heart? What do you want to remember as the weeks and months unfold?

Going into this new season, I want to remember:

REFLECT & CONNECT

Prayerful planning is not about getting everything right — it's about inviting God into the process. Your hopes and ambitions matter to Him, and He is faithful to lead you as you seek His kingdom first. How will you keep God at the center of your plans as this new season unfolds?